



International 'evolve your world'

Change that is... fast powerful profound

mBIT Coach Certification

MULTIPLE BRAIN COACHING FOR SELF EVOLUTION & TRANSFORMATION

WITH DOROTHY OLIVER

MBIT COACH AND CERTIFIED TRAINER GLOBALLY FOR MBIT



**Latest neuroscience research shows you have 3 brains!
The implications are profound...**

- Have you had clients come to you wrestling with continued indecisiveness and ongoing unresolved issues?
- Do your clients struggle with internal conflict between their head-based thoughts, their gut-based instinct and their heart-based emotions and values?

At this 4-day boutique training you'll discover...

- ✓ How to recognise and interpret the different languages of your three main intelligences.
- ✓ Deep insights into how your multiple brains produce internal conflict and what you can do about it.
- ✓ How your gut and heart brains are able to learn and grow new neural pathways and how you can actively educate them for greater intuition and better decisions.
- ✓ How to balance the autonomic nervous system through the mBIT Balanced Breathing method to quickly relieve stress.

Dates : 13-16 March, 1-4 May, 31 July- 3 August, 16-19 October
Time : 9:00am - 5:30pm daily
Location : 109 London St, Hamilton, NZ

"mBraining is one of the technologies of the 21st century that can help us live the more balanced, rewarding & sustainable lives that we crave."

www.lifeisshort.co.nz



Discover your keys to take coaching to new levels... with Dorothy Oliver, Certified mBIT Trainer



Dorothy Oliver

Dorothy is a Professional Certified Coach with the International Coach Federation, A Certified NLP Trainer, A Master NLP Practitioner in Business Communications and a Relationship Coach Specialist. She has successfully run her own coaching practice for more than 10 years, and for more than 30 years been helping people and organisations. She is now committed to helping people live creatively, compassionately and courageously..



Continuing Coaching Education
International Coach Federation

*Certificate issued for 24.5 Hours
Core Competency Continuing
Coach Training*





mBIT Coach Certification

MULTIPLE BRAIN COACHING FOR SELF EVOLUTION

Overview...

The discoveries of the heart and gut brains continue to gain more and more interest with popular magazines featuring articles on the subject - Time Magazine (Jan 26, 2011), Oprah's O (July 2010), Psychology TODAY (Nov 1, 2011), The New York Times (Oct 11, 2011), NewScientist (Dec 15, 2012) and the Wall Street Journal (Jan 17, 2012).

This training brings together all of the research findings along with behavioural modelling of the 3 brains into a practical framework that provides a set of self-evolutionary tools for wiser decision-making in all areas of life.

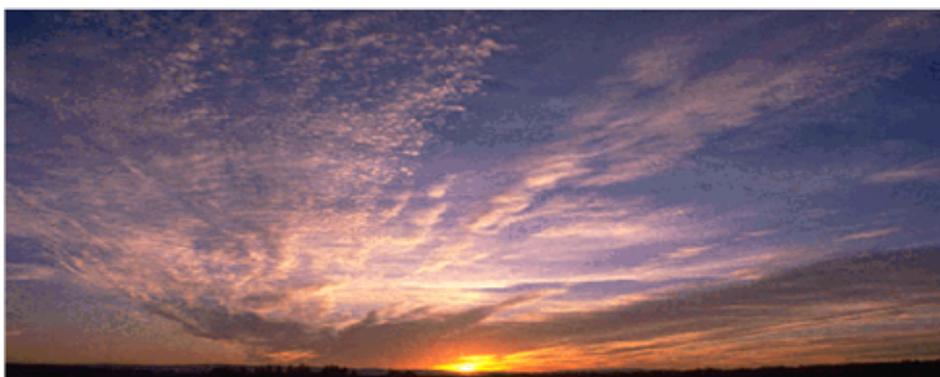
Informed by the latest Neuroscience along with techniques and concepts from NLP, Cognitive Linguistics, Positive Psychology and the field of Behavioral Modeling, Marvin Oka and Grant Soosalu have produced leading edge models and practical techniques for aligning the multiple brains and producing incredible results in human performance.

Aligning your multiple brains

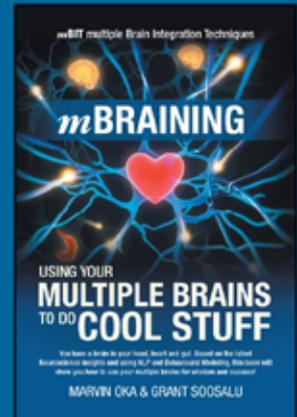
mBIT *multiple Brain Integration Techniques*
mBraining *the process of aligning your multiple brains using mBIT methodology*

We have 3 separate intelligences operating in our bodies and these have habits and learned patterns and can be aligned or not aligned. How our multiple brains communicate and operate with each other is vital for **congruence, success and happiness**.

It can be life denying when our brains fight each other or ignore each other and alternately, it is *incredibly life enhancing* when our multiple brains work harmoniously together to produce **generative wisdom in our lives**.



Based on the breakthrough new book:



"mBraining extends notions of both brain and mind. Steven Pinker famously says that 'the mind is what the brain does'. Oka and Soosalu suggest that a greater mind is a function of a greater brain, that comprising head, heart, and hara.. ."

Stephen Elliott
Author and
Life Scientist
Coherence, USA

"I now use mBIT and breathing with all my NLP clients. I teach the breathing now as a pre-requisite to every session! It makes such a difference to my clients' state. From a balanced ANS almost anything is possible. Fabulous!"

MC, Coach, New Zealand





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“Learn simple and powerful techniques to detect and overcome issues when your client’s head, heart and gut brains are NOT aligned”

Do you ever have Clients with the following brain integration issues?

- ◆ Internal conflict between their thoughts, feelings and actions
- ◆ Repeatedly not acting upon or sabotaging their dreams, goals and plans
- ◆ Doing unwanted behaviours or habits and don’t know why and difficulty stopping
- ◆ Challenges in making decisions or are unable to motivate themselves to take action
- ◆ Chronically experiencing disempowering emotional states such as frustration, depression, anger, anxiety, etc.
- ◆ Chronic health issues, especially those to do with the heart or gut region

When your clients experience these in their life or behaviour, it's time to empower them using the deeply integrative **mBIT processes** you'll be trained in during this workshop... ***You will learn to repattern how our brains work together to support and enhance life success.***

mBIT Certified Coaches continue to report that mBIT creates quicker and more lasting changes and is an elegant and powerful adjunct to their existing toolkits.

“As Relationship Coaches, we found that we are able to be more effective in such a short timeframe using the skills and techniques of mBraining. Our clients have nothing but praise for mBIT and the eye-opening skills it teaches you”

EK & SK, Melb., Australia

The insight of neuro-linguistics

If you've ever 'lost heart', been 'gutted', had a powerful gut reaction, or experienced deep intuitive messages from your heart, then ***you'll immediately recognize just how pervasive the intelligence and impacts of our multiple brains can be!***

“I have been implementing some of the practices that have been recommended. What can I say - it has been transformative.”

FG, London, UK

This is a training that changes lives...

You will be taught the “how to” for yourself, and then you can include the concept in your work for others to benefit too...

The mBIT Roadmap

One of the models we've developed during our work is the mBIT Roadmap. It is an explicit framework that outlines a clear developmental path when working with your three brains to bring them into coherence and alignment and produce generative wisdom in your life.

After mBraining Training

You will find you are opening up to the inherent wisdom of your deep inner self and becoming one with your core values and core authentic self. You also open up new possibilities in how you are creating and authoring your life.

And that is truly life enhancing!





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The powerful new techniques you will learn in this training:

- How **neuroscience research** has shown that you have three brains, and how these findings validate **ancient wisdom teachings and practises**
- How to harness the innate intelligences and generative wisdom of your multiple brains through the process of '**mBraining**'
- An entire suite of powerful and easy to learn '**multiple Brain Integration Techniques**', collectively known as **mBIT**
- The **9 Prime Functions** of your head, heart and gut brains, and how each provides you with a different ability and talent
- The **5 classes of mBIT Neural Integration Constraints** that give you deep insight into how the three brains may produce internal conflict within yourself, and what you can do about it
- How to balance the Autonomic Nervous System through the '**mBIT Balanced Breathing**' method to quickly relieve stress and gain access to the innate intelligences of your three brains
- How to work with the '**Core Competencies Framework**' to quickly diagnose unresourceful states, and discern what's needed to bring the nervous system back into balance for optimal functioning in all three brains
- The technique of '**mBIT Neural Syntax Mapping**' to explicitly reveal the functional or dysfunctional sequence in which the three brains are working together or conflicting with each other
- The '**mBIT Foundational Sequence**' to ensure you are working with the three brains in the optimum sequence for generative results
- How to work with '**mBIT Neural Integration Engagements**' to significantly amplify the effectiveness and power of your techniques whenever working with the three brains
- How to recognise and overcome **15 types of Neural Integration Blocks** that prevent integration between the three brains

"This is an important work! When so much of our response to life is based on what our 'head' brain tells us to do, it is exciting to see the research demonstrating the power and the importance of our heart and gut brains. Get all three aligned and your life changes!"

JR, Author and Educator, Sydney, Australia

"mBraining takes up where NLP leaves off. mBraining is based on a synthesis of the latest research in neurology and cognitive science... This is the birth of a new field. In short, if you want a model that synthesizes NLP, that expands upon it and that is based on hard science, then mBraining is for you. Learn it now and get in on the ground floor. "

Wyatt L. Woodsmall,
Ph.D.
NLP Master Trainer and
Master Modeler
Co-Creator of the
International NLP
Trainers Association

Evidence for multiple intelligences outside the head brain is shown by common expressions such as...

- "Listen to your gut wisdom"
- "Trust the intelligence of your heart"
- "Follow your heart"
- "Use your gut intuition"
- "Trust your gut"
- "Be true to your heart"
- "My gut is telling me there's something wrong"
- "Deep in my heart I know"
- "Go with your gut response"

These expressions all indicate in their neuro-linguistics that intelligence, wisdom and intuition are occurring in the regions of the heart and gut.



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Who this training is for

- Professional Coaches of all types
- Counsellors and People Helpers
- Trainers and Educators
- Leaders, Managers and Mentors
- ... anyone who needs to coach others to produce results that can only be achieved when head, heart and gut are aligned!

Why do this training now

- Become one of the leaders in this newly emerging and exciting field
- Stand out and differentiate yourself in your marketplace
- Learn directly from the first trainers of mBIT
- Massively boost your coaching effectiveness by learning to facilitate all three of your client's intelligences
- Learn to tap into the power of your client's innate intuition and the wisdom of their heart and gut brains
- Learn how mBIT can streamline your coaching processes to gain quicker, deeper and more generative results
- Gain access to a professional network and collaborative community of 'multiple brain coaches' that are working together to bring evolutionary change to the world

"Having experienced the mBIT techniques, it's extreme body and brains magic!"

RL, NLP Trainer and Professional Coach, Wellington, NZ

"I've just been to an incredible 4 day seminar - ground breaking technology!"

TC, NLP Trainer, Melbourne, Australia

"mBraining and the mBIT techniques are subtle, elegant and powerful."

PP, NLP Trainer, NewZealand

Neuroscience Meets Ancient Wisdom

What's most fascinating about this is that current scientific knowledge is finally catching up with deep insights from esoteric and spiritual traditions informing us for thousands of years about the three powerful intelligences of the head, heart and gut.

Now isn't that amazing! We've known at a deep and intuitive level, across the ages and within our own lives, that our intelligence, wisdom and core life competencies are not just embodied in the head...

Discover your keys to...

- *Establish communication and alignment with your multiple brains*
- *Ensure each brain is operating from its Highest Expression*
- *Apply your Highest Expressions for greater wisdom in decision-making and action-taking*

Be ready to take coaching to new levels...

Ready for wiser and deeper authentic living at your highest level of your being



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REGISTRATION FORM – REGISTER TODAY—CIRCLE YOUR CHOICE

- 13-16 March 2015
- 1-4 May 2015
- 31 July- 3 August 2015
- 16-19 October 2015

Location : 109 London St, Hamilton, NZ

This training is for - professionals who are working one-on-one and in teams with people, who understand the need for deep "rapport" and "engagement" and who would like to increase their skill-set by embracing the new, integrated and highly advanced field of mBIT (multiple Brain Integration Techniques)

Circle your investment choice, fill in the form and email to us today to secure your place.
Prices include mBraining Text Book, Manual, and MT & AT every day

RRP: \$1995 + GST
Early Bird Rate: \$1395 + GST (Four weeks out)
Regular Rate: \$1,595 + GST (Two weeks out)
Late Enrolment: \$1,695 + GST (Week of Training)

First Name: Last Name:
 Company Name: Occupation:
 Mailing Address:
 Telephone (Bus): (AH):
 Fax: Mobile:
 Email: Referred:
 Your Signature: Date:

Payment method:

Cash **Cheque** **Direct Credit**

Direct Credit - Life is Short, BNZ 02 0208 0004633 00
Please show full name in Particulars

Learn to use your multiple brains to do cool and amazing things in your life!

Please note the terms and conditions of enrolment into mBIT International's courses:

- Withdrawal/Transfer from the course after enrolment incurs a minimum 10% fee for administration costs.
- Withdrawal from the course within 1 month prior to start date defaults 25% of the course fee.
- Withdrawal from the course within 2 weeks prior to start date defaults 50% of the course fee.
- Withdrawal from the course within 1 week or after commencement of start date defaults full course fee.



...remember to secure your place, send in your registration form today!



Life is Short
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